

DO YOU HAVE BOTHERSOME URINARY SYMPTOMS?

What is overactive bladder (OAB)?

OAB is a common condition for both men and women in which nerve signals sent from the brain to the bladder trigger the strong urge to urinate even when the bladder isn't full. If you are struggling with OAB, you may experience symptoms like¹⁻⁴:



Leakage episodes⁵



Frequent bathroom visits⁵



An urgent and uncontrollable need to go⁵

Is your current treatment enough?

You may already be taking treatment for your OAB or benign prostatic hyperplasia (BPH), but are you still having urinary symptoms? Answer the following questions to determine if it's time to make a change, or, if you're not on any medications, skip to the next section.

If you are currently on an OAB treatment, do you feel like your current treatment is addressing all of your symptoms?

Yes

No

Since starting your current OAB treatment, you are experiencing symptoms:

At the same rate

A little less

A lot less

Are you currently on a treatment for BPH?

Yes

No

If you are currently being treated for BPH, do you feel like your current treatment addresses all of your urinary symptoms?

Yes

No

How this OAB screener can help

This simple OAB screener – taken from the overactive bladder symptom score (OABSS) – was created to help identify OAB symptoms.⁶ Try to be as honest as possible, and give these responses to your doctor when you're done.

How many times a day do you typically have to urinate?

7 or less 8-14 15 or more

How often do you have a sudden urge to urinate that is difficult to ignore?

Never Once/week or less More than once/week About once/day 2-4 times/day 5 or more times/day

How often do you leak urine because you cannot make it to the bathroom in time?

Never Once/week or less More than once/week About once/day 2-4 times/day 5 or more times/day


More frequent symptoms could mean that you have more severe OAB. If you do not have urgency (the sudden urge to urinate that's difficult to ignore), then you do not have the hallmark symptom of OAB.⁶



TALK TO YOUR DOCTOR ABOUT YOUR OPTIONS
and take charge of your OAB

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