

Living with overactive bladder (OAB) symptoms?

If you're living with OAB symptoms like leakage episodes, urgency (that "gotta-go" feeling), and frequency, alongside other health conditions, **you're not alone.**

Choosing an OAB treatment while managing other conditions, like high blood pressure, can feel overwhelming. But, this guide can help you have a productive conversation with your doctor so you can spend more time doing what you love.

Heart, bladder – meet GEMTESA



Check-up checklist for your next doctor's appointment:

-  Write down your symptoms
-  Note any medications or vitamins you are taking
-  Using the questions inside, ask how an OAB treatment could fit into your health plan

Remember to bring this guide with you when you talk to your doctor

What is GEMTESA?

GEMTESA® is a prescription medicine used to treat the following symptoms due to a condition called overactive bladder (OAB) in adults, and in adult males taking medicine for benign prostatic hyperplasia (BPH): leakage episodes, urgency, and frequency. It is not known if GEMTESA is safe and effective in children.

IMPORTANT SAFETY INFORMATION

Do not take GEMTESA if you are allergic to vibegron or any of the ingredients in GEMTESA.

Please see additional Important Safety Information throughout and Patient Information about GEMTESA [here](#).



GEMTESA®
(vibegron) 75 mg tablets



FACT

or



FICTION

What to know before you go

There's so much information out there about OAB treatment, but not everything is fact. Let's set the record straight.

 **FICTION**

I can't take GEMTESA if I have high blood pressure.

 **FACT**

GEMTESA is the only OAB treatment of its kind* that does not have a significant impact on blood pressure.



In a 12-week clinical study of men and women, people taking GEMTESA and those taking placebo had similar rates of high blood pressure (1.7% [9 out of 545 people] vs 1.7% [9 out of 540 people], respectively) **and increased blood pressure** (0.7% [4 out of 545 people] vs 0.9% [5 out of 540 people], respectively).



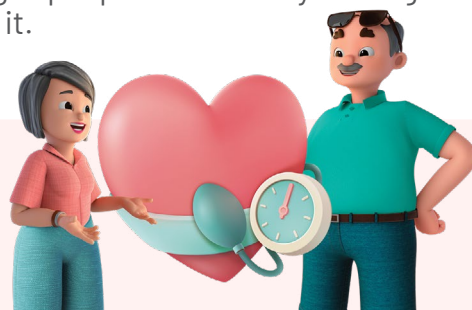
In a separate, 24-week study of OAB in men being treated for benign prostatic hyperplasia (BPH), rates of high blood pressure were 9.0% with GEMTESA (50 of 553 people) **vs 8.3% with placebo** (46 of 551 people).



In a 4-week blood pressure study of 200 adults with OAB, GEMTESA did not cause meaningful changes in blood pressure, including in people who already had high blood pressure or were taking medicine to treat it.

6 out of 10

people taking OAB medication also have high blood pressure.



*In the beta₃-agonist category.

IMPORTANT SAFETY INFORMATION (CONT'D)

Before you take GEMTESA, tell your doctor about all your medical conditions, including if you have liver problems; have kidney problems; have trouble emptying your bladder or you have a weak urine stream; take medicines that contain digoxin; are pregnant or plan to become pregnant (it is not known if GEMTESA will harm your unborn baby; talk to your doctor if you are pregnant or plan to become pregnant); are breastfeeding or plan to breastfeed (it is not known if GEMTESA passes into your breast milk; talk to your doctor about the best way to feed your baby if you take GEMTESA).

Please see additional Important Safety Information throughout and Patient Information about GEMTESA [here](#).



FACT

or



FICTION

 **FICTION**

I can't take GEMTESA if I am taking certain medications.*†

 **FACT**

You can continue to take certain medications when starting GEMTESA for OAB symptoms. Medications are processed through pathways in the body. GEMTESA does not impact some of these pathways.



Talk to your doctor about all the medications you take. GEMTESA can raise the amount of digoxin in your body. If you take digoxin, your doctor should check your blood levels to make sure you are getting the right amount of digoxin before you start GEMTESA and while you are taking it. Your doctor may need to change your digoxin dose when you start or stop taking GEMTESA.



10-12

medications are taken by people with OAB every year.‡

Some commonly prescribed medications that you may be able to take with your OAB treatment are listed below. Keep a list of all the medications you take so you can discuss them with your doctor.

Mental health treatments (SSRIs/SNRIs):

• fluoxetine • duloxetine • paroxetine

Other antidepressants (tricyclic antidepressants):

• doxepin • nortriptyline • amitriptyline

Mood stabilizers (antipsychotics):

• quetiapine • risperidone • aripiprazole

Blood pressure medications (beta-blockers):

• metoprolol • carvedilol • propranolol

*Medications that work using a path called CYP2D6.

†Do not take GEMTESA if you are taking medicines containing digoxin.

‡Data from 2 studies. The first studied people (65.4% were ≥75 years old) with OAB who had more medical conditions and received multiple medications at the same time (n=415). The second studied the number of medications taken by people ≥65 years old during a more than 1-year period (n=1,801,457).

SNRI=serotonin-norepinephrine reuptake inhibitor; SSRI=selective serotonin reuptake inhibitor.

IMPORTANT SAFETY INFORMATION (CONT'D)

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

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Wear your heart on your sleeve – be open with your doctor

Take charge of your overactive bladder symptoms without compromising your health plan. Use the questions below to help guide your next doctor's visit.

Could my symptoms be caused by overactive bladder?

What treatment options are available for OAB?

 **Tip:** Ask how these treatments fit with any current health conditions, including for my blood pressure.

Can I take GEMTESA with the medicines I already use, including medicine for high blood pressure?



Please see Important Safety Information throughout and Patient Information about GEMTESA [here](#).

Could GEMTESA be the one?

How does GEMTESA differ from other OAB treatments?

When do people start seeing results with GEMTESA?

 **Tip:** OAB is a chronic condition — so consistency and remembering to take GEMTESA every day is key.

Can you help me understand insurance coverage for GEMTESA?

 **Tip:** See the back cover for more!

More questions for my visit

Everyone is different, and you might have more questions. Take this time to write down any questions that you might have for your doctor. Remember to think about your overall health or anything specific to you.

Don't wait — start the conversation now!

Please see Important Safety Information throughout and Patient Information about GEMTESA [here](#).




GEMTESA[®]
(vibegron) 75 mg tablets



More than 1 million people have chosen GEMTESA*

*Based on prescription data for unique patients through May 2026.

Discover GEMTESA insurance coverage



COVERAGE FOR COMMERCIAL INSURANCE:

Eligible, commercially insured patients may **pay as little as \$0 for a 90-day fill[†]** with the **GEMTESA Simple Savings Program**. Government plans like Medicare or Medicaid are not eligible.



Scan or go to [GEMTESA.com/card](https://www.GEMTESA.com/card) today.



COVERAGE FOR MEDICARE PART D

Access to GEMTESA is expanding with more predictable costs for Medicare Part D enrollees. Contact your insurance or Part D plan provider for more details.

[†]Restrictions and maximum saving limits apply. Coverage and out-of-pocket costs may vary. Offer not valid for patients participating in Medicare, Medicaid, or other government healthcare programs. See full program terms, conditions, and eligibility criteria at <https://www.GEMTESA.com/savings-program-details/>

IMPORTANT SAFETY INFORMATION (CONT'D)

What are the possible side effects of GEMTESA?

GEMTESA may cause serious side effects including:

- **inability to empty your bladder (urinary retention).** GEMTESA may increase your chances of not being able to empty your bladder, especially if you have bladder outlet obstruction or take other medicines for treatment of overactive bladder. Tell your doctor right away if you are unable to empty your bladder.
- **angioedema.** GEMTESA may cause an allergic reaction with swelling of the lips, face, tongue, or throat, with or without difficulty breathing and may be life-threatening. Stop using GEMTESA and get emergency medical help right away if you have symptoms of angioedema or trouble breathing.

The most common side effects of GEMTESA include headache, urinary tract infection, nasal congestion, sore throat or runny nose, diarrhea, nausea and upper respiratory tract infection. These are not all the possible side effects of GEMTESA. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report effects to FDA at 1-800-FDA-1088.

Please see additional Important Safety Information throughout and Patient Information about GEMTESA [here](#).

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Ask your doctor
if GEMTESA is
the one for you




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